



SCOTTS VALLEY HIGH SCHOOL

An International Baccalaureate World School

May 28, 2014

Dear Health Teachers and Administration:

As the Health Education teacher at Scotts Valley High School, I highly recommend incorporating the non-profit community resource Pregnancy Resource Center of Santa Cruz into your current Health curriculum. Having taught this course since 2006, I have had many opportunities to invite guest speakers in to share their expertise on any given subject. I was fortunate enough to have Jeff Bisht from PRC reach out to our high school in hopes of presenting. He has been invited back each semester, twice a year, for the past eight years and I could not be more impressed.

Through multimedia, class participation, discussion, and role-playing, Jeff is able to raise awareness about the benefits of abstinence and illustrate consequences of one's choice in an engaging, fun, and interesting manner. Students are educated on the powerful influences of media, statistics about sexually transmitted infections, misconceptions about "safe sex", the true definition of monogamy, and characteristics of a healthy relationship. My favorite element of the presentation is the discussion on how sex is often portrayed as just a physical act, when in reality it can create an emotional bond between two people that carries a lot of weight.

Jeff's presentation is age-appropriate, well-executed, and positively received by the majority of students. The information he shares is accurate, up-to-date, and on trend. It is obvious that Jeff genuinely cares about the curriculum he is teaching because he continuously asks for feedback and modifies his presentation accordingly. The personal stories he shares hit home with students and he is able to connect with many students regardless of their background. No one is excluded during the presentation or made to feel judged or misrepresented.

Jeff is easy to reach, flexible with his scheduling, and always happy to greet the next group of students. I will continue to utilize this resource as long as I continue to teach this course, and I believe you would be doing your students a great service to invite them to your school as well. I have no doubt that you will look forward to this wonderful presentation for years to come! Please feel free to contact me with any questions.

Respectfully,

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